



Vegan MENU



Order Today

30310 PALISADES PARKWAY, WICKLIFFE, OH 44092 | WWW.NORMANDYCATERING.COM | 440.585.5850

VEGAN MENU

v = vegetarian | vg = vegan | gf = gluten free | tn = tree nuts | pn = peanuts | sf = shellfish



Vegan Soups

LENTIL VEGETABLE (V-VG-GF)

A Rich Vegetable Broth with Lentils, Onion, Leeks, Garlic, Celery, Carrot, and Thyme.

SPICY BLACK BEAN SOUP (V-VG-GF)

Black Beans, Carrot, Onion, Jalapeño, Garlic, Lime Juice, Cumin and Cilantro.

CHARRED RED PEPPER (V-VG-GF)

Roasted Red Peppers, Sweet Vidalia Onion, Carrots, Leeks and Russet Potatoes.

GAZPACHO (V-VG-GF)

A Cool Tomato Soup with Cucumber, Red Pepper, Onion, Jalapeño, Garlic and Fresh Basil.

VEGETABLE CHILI (V-VG)

Kidney Beans, Black Beans, Tomatoes, Corn, Onions, Zucchini Squash, Celery, Garlic and Green Onion

Vegan Sandwiches

VEGAN GRILLED VEGETABLE WRAP (V-VG)

Grilled Eggplant, Grilled Zucchini Squash, Roasted Tomatoes, Grilled Red Peppers, Garlic Hummus, Lettuce, and Diced Tomato on a Sundried Tomato Wrap.

ROASTED RED PEPPER HUMMUS WRAP (V-VG)

Roasted Red Pepper Hummus, Lettuce, Roasted Red Peppers, Cucumbers, Sliced Red Onions, and Diced Tomatoes on a Sundried Tomato Wrap.



Vegan Sides

- Asian Slaw (V-VG-TN)
- Black Bean & Quinoa Salad (V-VG-GF)
- Black Bean & Corn Salad (V-VG-GF)
- Couscous Chick Pea Salad (V-VG)
- Cranberry Nut Couscous Salad (V-VG-TN)
- Quinoa Mango Salad (V-VG-GF-TN)
- Cranberry Kale Salad (V-VG-GF)
- Lentil Salad (V-VG-GF)
- Seasonal Fruit Salad (V-VG-GF)
- Tomato Cucumber Salad (V-VG-GF)
- Chickpea Vegetable Salad (V-VG-GF)
- Wheatberry Salad (V-VG-GF)
- Brown Rice (V-VG-GF)
- Cilantro Lime Rice (V-VG-GF)
- Tabouli Salad (V-VG)



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Vegan Entree Salads

NORMANDY'S HOUSE (V-VG-GF)
Normandy's Mixed Greens, Black Olives and Tomatoes.

CITRUS (V-VG-GF-TN)
Mixed Greens, Raisins, Candied Walnuts, Mandarin Oranges and Sliced Strawberries.

VEGAN (V-VG-GF)
Mixed Greens, Cucumber, Grape Tomato, Red Pepper, Carrot, Broccoli and Garbanzo Beans.

BOSTON BIBB (V-VG-GF-TN)
Boston Bibb Lettuce, Crushed Pistachios, Avocado and Fresh Blackberries.

TUSCAN BALSAMICO (V-VG-GF-TN)
Mixed Greens, Parisian Melon Balls and Crushed Pistachios.



Vegan Entrees

GRILLED VEGETABLE COUSCOUS (V-VG-GF)
Eggplant, Red Peppers, Zucchini, Broccoli, Tomatoes, Tri Colored Cous Cous, Balsamic Glaze.

MUSHROOM CORN POBLANO TACOS (V-VG)
Mushrooms, Corn, Onion, Poblano Peppers, Black Beans, Cheddar Cheese, Lime Juice and Cilantro.

CHIPOTLE SWEET POTATO TOSTADAS (V-VG-GF)
Roasted Sweet Potato, Roasted Corn, Avocado, Black Beans, Cilantro and Chipotle Sauce on a Crunchy Tostada.

ROASTED RATATOUILLE WITH BROWN RICE (V-VG-GF)
Roasted Grape Tomato, Zucchini, Yellow Squash, Red Pepper, Eggplant, Onion and Garlic, Brown Rice.

VEGETABLE KABOBS (V-VG-GF)
Char-Grilled Zucchini, Red Onion, Button Mushroom, Red Pepper and Grape Tomato Skewers.

GINGER LIME VEGETABLE STIR FRY WITH BROWN RICE (V-VG-GF)
Broccoli, Mushrooms, Snow Peas, Carrots, Red Pepper, Water Chestnuts, and Baby Corn in a Ginger Lime Garlic Sauce over Brown Rice.

VEGAN ROASTED VEGETABLE CHICK PEA PASTA (V-VG-GF)
Chickpea Pasta, Roasted Summer Squash, Zucchini, Broccoli, Grape Tomatoes, Vegan Pesto Sauce.



Vegan Desserts

FRESH FRUIT KABOB (V-VG-GF)

VEGAN GLUTEN FREE CHOCOLATE COCONUT BROWNIES (M, S, TN)
Chocolate Brownies made with Almond Flour and Applesauce.

VEGAN GLUTEN FREE CINNAMON COFFEE CAKE MUFFINS (V, VG, GF, TN)
Cinnamon Coffee Cake Made with Gluten Free Flour, Coconut Milk and Applesauce.